

HEREFORDSHIRE AREA WALKS PROGRAMME

Weekly Activities

All members and non-members are welcome to walk with any group.

ROSS GROUP MORNING WALK

Date: **Every Tuesday** **Ross Group**
Level: **Leisurely or Moderate** For details contact Sally 01989
Distance: **4 – 5 Miles** 565687 or Trisha 01989
769050.

MORNING WALK AND TALK FROM THE POINT 4

Date: **1st & 3rd Thursday's** **Hereford Group**
Level: **Leisurely** Park at the Point 4, Venn's
Distance: **4 miles** Lane, Hereford. One of several
Meeting **Inside Point 4 reception** walks in Holmer, Tupsley,
Place Queenswood or the Lugg
Map/Grid **EXP189/SO 518412** Valley. These short walks are
Ref: open to all. They include field
Time: **10.30** paths, some stiles and short
Leader: **Mary/Arthur** inclines and can be muddy.
Contact: **01432 357766/264374** Optional refreshments at the
Point 4.

ROSS GROUP COFFEE & CHAT

Date: **1st Thursday** **Ross Group**
Time: **10.30** Please join us for coffee and a chat at The
Contact: **Heather 01432 350341 or** Chase Hotel, Gloucester Road, Ross
07919 606856 HR9 5LH. Everyone welcome.