March 2018

All members and non-members are welcome to walk with any group.

MORNING WALK AND TALK FROM THE POINT 4 - Thursday 1 March (see 7 December for details)

ROSS GROUP COFFEE & CHAT Thursday 1 March (see 7 December for details)

FRIDAY MORNING WALK - Friday 2 March - Hereford Group (see 1 December for details)

HEREFORDSHIRE TRAIL - BACHE CAMP - HATFIELD

Date: Saturday 3 March Leadon Vale Group

Level: Moderate We pick up the Trail at Bache Camp
Distance: 9 miles and follow it to Hatfield before returning
Meeting Pudleston Village Hall (£1) via Bockleton and Grafton. BPL.
Place NB. Sat Nav ref for village hall is HR6

Map/Grid Ref: **Exp 202/SO 559594** 0QY.

Time: 10.00 Leader: Tom

Contact: 01886 821544

LLANWARNE, THE MYNDE & ORCOP HILL

Date: Saturday 3 March Ross Group

Level: Moderate Walk through meadows, woodlands pistance: 8 miles and along country lanes to the Mynde, Climb up through Mynde Wood and back via Orcop with its fine views.

Map/Grid Ref: Exp 189 /SO 505281 BPL.

Time: 10.00 (WRCP 09.35)

Leader: Annie

Contact: 01432 359450 or 07909 584160

ROSS GROUP MORNING WALK Tuesday 6 March (see 12 December for details)

FRIDAY MORNING WALK - Friday 9 March - Hereford Group (see 1 December for details)

GLADESTRY, NORTH THROUGH HILLS AND VALLEYS

Date: Saturday 10 March Mortimer Group

Level: Moderate Weythel Common, Old Radnor, Hanter Distance: 8 miles Hill (contour round), Hergest Ridge, Meeting Place Offa's Dyke Path. One steep climb. Great views. BPL. Registered

Map/Grid Ref: Exp 201/SO 232551 Assistance Dogs only.

Time: **10.00**

Leader: Mike Goodwin

Contact: 01568 616473 or 07384 360419

ALL THINGS GARWAY

Date: Saturday 10 March Ross Group

Level: Moderate An energetic walk descending to the Distance: 8 miles Monnow valley before climbing to the Meeting Garway Common on road Place Verge An energetic walk descending to the Monnow valley before climbing to the WWII lookout on Garway Hill and returning via the curious Knights

Map/Grid Ref: Exp 189 /SO 466226 Templar church at Garway. Please Time: 10.00 (WRCP 09.10) park on the road verge on the left after turning heads the telephone box. N.R.

Leader: Bob turning beside the telephone box. N.B. Contact: 01989 769050 or 07985 044735 This is nearby the Moon Pub, nowhere

near Garway Hill. BPL.

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March 2018

All members and non-members are welcome to walk with any group.

SUNDAY BUS WALK - CREDENHILL TO DORSTONE

Sunday 11 March **Hereford Group** Date:

Moderate Catch the 71B bus at 10.20 at City Bus Level: Distance: 9 miles Station behind Tesco, or in Whitecross Meeting **Hereford City Bus Station** Road, or along the route to Credenhill. Take the Wye Valley Walk through Place (behind Tesco) Map/Grid Ref: EXP189/ SO 5075 4013 Byford, Monnington and Bredwardine, then by other paths to Dorstone. Time Time:

10.15 for drinks at 'Pandy Inn' before Leader: Phil 07849 474903 catching 'Hay Ho!' bus back to Contact:

Hereford (arr 18.23). BPL.

ROSS GROUP MORNING WALK Tuesday 13 March (see 12 December for details)

TEA SHOP WALK FROM HAY

Wednesday 14 March Date: **Hereford Group**

Car park £3.20. Walk across the Wye Level: **Moderate** Distance: 8 miles and follow Offa's Dyke path to Bronydd, steep climb up through Hay car park main entrance Meeting Bettws Dingle, then down to Clyro Place

Map/Grid Ref: **Exp 201/ SO 229422** Church and back across the fields to the Wye and Hay. Everyone is Time: 10.00

expected to have cake and tea at Eve's Leader: Lynne and Mary

Contact: 01432 271769 and 357766 café in High Town, Hay. BPL.

MORNING WALK AND TALK FROM THE POINT 4 - Thursday 15 March (see 7 December for details)

FRIDAY MORNING WALK - Friday 16 March - Hereford Group (see 1 December for details)

RAGLAN

Saturday 17 March **Ross Group** Date:

Moderate Lanes and fields to Tregaer church, Level: 8 miles then to Penrhos church. Return Distance: Meeting Raglan Castle through fields to Raglan Castle. Some Place gentle gradients, some difficult stiles.

Map/Grid Ref: OL14/SO 415082 BPL.

10.00 (WRCP 09.15) Time:

Leader: Mary

Contact: 01989 565888

OVER THE HILLS AND FAR AWAY REVISITED PLUS EXTRAS

Date: Sunday 18 March **Leadon Vale Group**

A demanding walk climbing 4 steep Level: **Strenuous** Distance: 14 miles hills, interspersed with country lanes, **Clock Tower, West Malvern** woodland, fields and the Mathon Meeting

Estate. BPL. Place Road

Map/Grid Ref: Exp 190/SO 770469

Time: 10.00 Leader: David Contact: 01684 574205

ROSS GROUP MORNING WALK Tuesday 20 March (see 12 December for details)

March 2018

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BOSBURY MORNING WALK

Date: Wednesday 21 March Leadon Vale Group

Level: Moderate Please park considerately in Bosbury.
Distance: 5 miles An undulating walk from Bosbury
Meeting Bosbury Church towards Castle Frome returning on the Place Herefordshire Trail. Several stiles.

Map/Grid Ref: **Exp 202/SO 695434** BMMR.

Time: 10.00 Leader: Lynn

Contact: 01531 631088 or 07748 844466

FRIDAY MORNING WALK - Friday 23 March - Hereford Group (see 1 December for details)

HASFIELD CIRCULAR

Date: Saturday 24 March Leadon Vale Group

Level: Moderate Circular walk with good views of the

Distance: 9 miles Malverns. BPL.

Meeting Staunton Garden Centre

Place

Map/Grid Ref: **Exp 179/SO 791295**

Time: **10.00**

Leader: Roy and Anne

Contact: 01242 245488 of 07766 413176

CAER CARADOC IRON AGE FORTS (NUMBER 2)

Date: Saturday 24 March Mortimer Group

Level: Moderate Through Bucknell Woods on to Stow
Distance: 7.5 miles Hill. Descent across fields then uphill
Meeting Bucknell School Car Park to the Iron Age hill fort of Caer

Place Caradoc, with panoramic views.
Map/Grid Ref: Exp 201/SO 354737 Return along quiet lanes, fields and

Time: woods, alongside the River Redlake.

Leader: **Eileen and Margaret** BPL. Contact: **01432 830569 01905 426402**

BALLINGHAM, THE GREEN DRIVE AND ST CUTHBERT'S

Date: Saturday 24 March Ross Group

Level: Moderate Park considerately in car park. An Distance: 8 miles undulating walk through Bolstone Weeting Ballingham Village Hall (£1 wood, along the Green Drive and the

Place donation) back of Holme Lacy House. Then a Map/Grid Ref: Exp 189/SO 574318 chance to visit the beautiful St Time: 10.00 (WRCP 09.15) Cuthbert's church before returning

Leader: Mark along the banks of the Wye. A short moderate uphill section towards the end. Mud likely. Registered

Assistance Dogs only. BPL

ROSS GROUP MORNING WALK Tuesday 27 March (see 12 December for details)

FRIDAY MORNING WALK - Friday 30 March - Hereford Group (see 1 December for details)

March 2018

All members and non-members are welcome to walk with any group.

BROMYARD DOWNS AND BRINGSTY COMMON

Date: Saturday 31 March

Moderate W
8 miles of

Meeting Public car park next to Royal Place Oak pub on Bromyard Downs

road

Map/Grid Ref: Exp 202/SO 670558

Time: 10.00 Leader: Eddie & Roy Contact: 01432 269104

DYMOCK

Level:

Distance:

Date: Saturday 31 March

Level: Moderate
Distance: 6.5 miles

Meeting Meet in front of St Mary's Place Church. Park considerately in

the village.

Map/Grid Ref: Exp 190/SO 700312 Time: 10.00 (WRCP 09.15)

Leader: Sally

Contact: 01989 565687

Hereford Group

Walk on Bromyard Downs, through part of the National Trust Brockhampton Estate and round Bringsty Common using estate tracks, roads and

footpaths. BPL.

Ross Group

This walk follows field, woodland and nature reserve paths, through part of the area settled by the Dymock group of First World War Poets. BPL

PLEASE READ THESE IMPORTANT INSTRUCTIONS

General: As a group member it is your responsibility to follow the leader's instructions for the benefit of the group as a whole. If you should leave the walk early, please notify the leader. Please do not walk in front of the leader. Keep in single file on all roads. Accidents or incidents that occur during the course of the walk, should be reported to the leader immediately. Persons under 18 must be accompanied by a responsible adult.

<u>Insurance:</u> All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise.

Guidance on grades:

Easy Access; Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections.

Easy: Walks for anyone who does not have a mobility difficulty or a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn

Leisurely: Walks for reasonably fit people with at least a little country walking experience. May include unsurfaced rural paths. Walking boots and warm, waterproof clothing recommended.

Moderate: Walks for people with country walking experience and a good level of fitness. May include some steep paths and open country. Walking boots and warm, waterproof clothing essential.

Strenuous: Walks for experienced country walkers with above average fitness level. May include hills and rough country. Walking boots and warm, waterproof clothing essential.

<u>Transport/Car Parking:</u> Think green, try and car share. If you require a lift, contact the walk leader who may be able to organise a lift for you. Don't leave valuables in your car in full view of thieves, and remember to lock your car. Protect against theft or vandalism.

The pick-up point for Ross Group – WRCP = Wilton Road Car Park.

The pick-up point for Leadon Vale Group – BSCP = Bridge Street Car Park.

Colwall Station is to become an alternative car pick-up or car-share point for Leadon Vale. Exp 190 SO756425 Car Parking is free and it is served by a regular train service.

Notes:

For a full day's walk bring a packed lunch = BPL - and plenty to drink.

For a half day's walk bring a mid-morning refreshment = BMMR

Dogs: Can be taken on walks only with advance permission of the leader, but are generally welcome

Remember: If in doubt contact the walk leader before going, or check on the web site at

www.herefordshireramblers.org.uk