

HEREFORDSHIRE AREA WALKS PROGRAMME

August 2018

All members and non-members are welcome to walk with any group.

MORNING WALK AND TALK FROM POINT 4, VENNS LANE, HEREFORD.

Date: **Thursday 2 August** **Hereford Group**
Level: **Leisurely** These walks are first and third weeks monthly.
Distance: **4 miles** We walk to Aylestone Park , the Lugg
Meeting Place: **Reception at the** Meadows, Tupsley and the River Wye or up
Point 4 and around Holmer. Some short steep
Map/Grid: **Exp 189/ SO 518412** slopes, stiles or muddy patches. Bring mid-
Time: **10.30** morning snack if you wish. Refreshments at
Leader: **Mary H** Point4 optional.
Contact: **01432 357766**

SEVERN EMBANKMENT WALK

Date: **Saturday 4 August** **Ross Group**
Level: **Moderate** This walk explores the Arlingham Peninsular,
Distance: **8.5 miles** some sections on the Severn embankment,
Meeting Place: **Arlingham. Take** others through low lying medieval field
A38 SW from systems. The terrain is mainly flat with two
Gloucester and stiles, many kissing gates and one tiny hill.
B4071 turn to There are good views of May Hill, the
Frampton. Then Cotswolds and Newnham from a new
minor road to perspective. Bird life by the river might
Arlingham. Park on suggest bringing your binoculars for this
the right 100m after different kind of walk to our usual days on the
the Red Lion PH hills. BPL
GL2 7JN
Map/Grid: **OL14/SO 707110**
Time: **10.15 (WRCP 09.15)**
Leader: **Martin S**
Contact: **01989 563022 or**
07876 664545

HEREFORDSHIRE TRAIL – BACHE CAMP TO HATFIELD

Date: **Sunday 5 August** **Leadon Vale Group**
Level: **Moderate** We pick up the Trail at Bache Camp and
Distance: **9 miles** follow it to Hatfield before returning via
Meeting Place: **Pudleston Village** Bockleton and Grafton. Satnav ref for Village
Hall (£1) Hall is HR6 0QY. BPL.
Map/Grid: **Exp 202/SO 559594**
Time: **10.00**
Leader: **Tom**
Contact: **01886 821544**

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HAY HO! BUS WALK - CEFN AND VAGAR HILLS

Date: **Sunday 5 August** **Hereford Group**
Level: **Moderate** Catch Bus 39A outside station or at stops
Distance: **10 miles** along the route to Dorstone. Walk starts at
Meeting **Hereford Railway** Dorstone and ends at Peterchurch (time for
Place **Station** drinks at the 'Nag's Head' before catching the
Map/Grid **Exp 189/SO** bus back to Hereford arr. 18.23). Members
515405 from elsewhere can park in Peterchurch and
Time: **10.15** catch the bus at 10.59.
Leader: **Phil**
Contact: **01981 500398 or**
07849 474903

ROSS GROUP MORNING WALK

Date: **Tuesday 7 August** **Ross Group**
Level: **Leisurely or Moderate** For details contact Sally 01989 565687 or
Distance: **4 - 5 Miles** Trisha 01989 769050

UPTON TO HANLEY CASTLE

Date: **Saturday 11 August** **Leadon Vale Group**
Level: **Moderate** A circular walk to Hanley Castle with several
Distance: **7 miles** interesting features. BPL.
Meeting **Free CP opposite**
Place **Upton Church**
Map/Grid **Exp 190/SO 850402**
Time: **10.00**
Leader: **Kay**
Contact: **01684 575558**

GLADESTRY CIRCULAR

Date: **Saturday 11 August** **Mortimer Group**
Level: **Moderate** Huntington - Upper Hergest - Hergest Ridge.
Distance: **8 miles** BPL.
Meeting **Gladestry VH Car**
Place **Park**
Map/Grid **Exp 201/SO 230551**
Time: **10.00**
Leader: **Jo**
Contact: **07498 489028**

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ON THE BLACK HILL

Date: **Saturday 11 August** **Ross Group**
Level: **Moderate** An energetic walk from the picnic site to
Distance: **10 miles** Craswell and the Three Rivers Ride. Then
Meeting **Black Hill picnic site** joining ODP for the steady climb on Hay Bluff.
Place **car park** Returning along the Black Hill ridge for the
Map/Grid **OL13/SO 288328** steep descent to the cars.
Time: **10.00 (WRCP 08.45)** Registered Assistance Dogs only.
Leader: **Jan** BPL and plenty of water
Contact: **01981 580869 or**
07497 778763

ROSS GROUP MORNING WALK

Date: **Tuesday 14 August** **Ross Group**
Level: **Leisurely or Moderate** For details contact Sally 01989 565687 or
Distance: **4 - 5 Miles** Trisha 01989 769050

PUB QUIZ, CHAT AND CURRY – EVENING OUT - Tuesday 14 August

Meeting **Victory Pub, St**
Place **Owen's Street** **Hereford Group – all members and**
Hereford **friends welcome**
Time: **20.00** Come for a drink and the pub quiz, followed by
Contact: **Martin and Anthea** Curry - 2.50 per person. Just turn up and help
01432 769470 or form a table.
07583 048409

UPPER COLWALL AND LOWER SLOPES OF THE MALVERNS

Date: **Wednesday 15** **Leadon Vale Group**
August
Level: **Moderate** Walk through Upper Colwall and along the
Distance: **5 miles** lower slopes of the Malvern Hills. Optional
Meeting **Chase Inn, Upper** refreshments afterwards at the Chase Inn.
Place **Colwall** BMMR.
Map/Grid **Exp 190/SO 767431**
Time: **10.00**
Leader: **Mary**
Contact: **01684 541071**

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MORNING WALK AND TALK FROM POINT 4, VENNS LANE, HEREFORD – Thursday 16 August

Leisurely 4 miles from the Reception at Point4, starting at 10.30– contact Mary 01432 357766.

TEASHOP WALK AT KNIGHTON

Date: **Friday 17 August**
Level: **Moderate**
Distance: **8.5 miles**
Meeting Place: **Bowling Green Lane Car park**
Map/Grid: **Exp 201/ SO 288721**
Time: **10.00**
Leader: **Lynne and Mary**
Contact: **01432 271769 or 357766**

Hereford Group

Car park on south side of town signed off A488 or 4113. Walk south on Offa's Dyke, then west to join Glyndwr's Way. Hilly walk rising 300 metres with some lovely views. On return everyone is expected to buy cake and tea at JD's in Broad Street. BPL.

WYE HIGH, WYE LOW

Date: **Saturday 18 August**
Level: **Moderate**
Distance: **11 miles**
Meeting Place: **Brockweir Bridge**
Map/Grid: **OL14/SO 537012**
Time: **10.00 (WRCP 09.00)**
Leader: **Mark**
Contact: **01989 567914**

Ross Group

Meet in A466 lay-by on right coming from Monmouth, just before Brockweir Bridge. Walking along woodland field tracks with lovely views of the Wye and Severn, we head south along Offa's Dyke Path. Then through Parson's allotment and Boughspring before returning via Tintern Quarry and along the line of the Wye Valley Railway. One steep 20 minute uphill section near the beginning. Several stiles. Registered Assistance Dogs only. BPL

MUCH MARCLE CHURCH, THE RIDGE AND WESTON'S CIDER MILL

Date: **Saturday 18 August**
Level: **Moderate**
Distance: **8.5 miles**
Meeting Place: **Weston's overflow car park**
Map/Grid: **Exp 189/SO 649330**
Time: **10.00**
Leaders: **Marika and Mary H**
Contact: **01432 357766 - Mary**

Hereford Group

Park in the Cider Mill's overflow car park. Walk to sit inside the Church Yew Tree! Then across fields to Kynaston, up the ridge to walk along The Wonder, then along to the TV mast and down through fields to Weston's. BPL. Optional tea afterwards at Weston's.

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HAWLEY

Date: **Saturday 18 August**
Level: **Moderate**
Distance: **8.5 miles**
Meeting Place: **Hawling Chapel Car Park**
Map/Grid: **OL 45/SO 066231**
Time: **10.00**
Leader: **Roy & Anne**
Contact: **01242 245488 or
07766 413176**

Leadon Vale Group

A walk which follows the Windrush Way, Guiting Wood, Guiting Power and Tally Ho. BPL.

ROSS GROUP MORNING WALK

Date: **Tuesday 21 August**
Level: **Leisurely or
Moderate**
Distance: **4 - 5 Miles**

Ross Group

For details contact Sally 01989 565687 or Trisha 01989 769050

WALKING FROM EVEREST

Date: **Saturday 25 August**
Level: **Moderate**
Distance: **9 miles**
Meeting Place: **Everest Hall car park,
Llanfair Waterdine**
Map/Grid: **Exp 201/SO 242762**
Time: **10.00**
Leader: **Margaret and Eileen**
Contact: **01905 426402 or
01432 830569**

Mortimer Group

To Llanfair Hill following farm tracks, Offa's Dyke Path, the Jack Mitton Way and open countryside. A scenic route with fabulous views. Returning via Upper Treverward. BPL. Registered Assistance dogs only.

SOUTHERN MALVERNS

Date: **Saturday 25 August**
Level: **Moderate**
Distance: **9 miles**
Meeting Place: **Hollybush car park
(A438 Ledbury to
Tewkesbury Road)**
Map/Grid: **Exp 190/SO 758368**
Time: **10.00 (WRCP 09.15)**
Leader: **Ian**
Contact: **01684 573180 or
07892 812999**

Ross Group

A walk on the southern end of the Malverns taking in Midsummer Hill, Ragged Stone Hill, the hamlet of White Leaved Oak and the village of Castlemorton. Excellent views of and from the hills. BPL

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BANK HOLIDAY ON THE SUGAR LOAF

Date: **Monday 27 August** **Hereford Group**
Level: **Moderate** Long energetic walk taken at a moderate
Distance: **12.5 miles** pace, along the river Usk and up the western
Meeting **Tourist Information** side of Sugar Loaf, returning through
Place **CP Abergavenny** Abergavenny, with an optional visit to the Hen
(fee) and Chickens for a well earned drink! 600m
Map/Grid **OL13/SO 301139** ascent and descent, marvellous views. BPL.
Time: **10.00**
Leader: **George**
Contact: **01432 357766 or**
07989 120023

ROSS GROUP MORNING WALK

Date: **Tuesday 28 August** **Ross Group**
Level: **Leisurely or Moderate** For details contact Sally 01989 565687 or
Distance: **4 - 5 Miles** Trisha 01989 769050

HILLS AROUND MONAUGHTY

Date: **Thursday 30 August** **Hereford Group**
Level: **Moderate** On the A488 about 7 miles N/NW of Walton or
Distance: **7.5 miles** Presteigne. Layby has telephone kiosk.
Meeting **Park in layby at** Lovely walk in the hills surrounding the valley
Place **Monaughty** of the upper Lugg. BPL.
Map/Grid **Exp 201/SO 238687**
Time: **10.00**
Leader: **Mo**
Contact: **01432 350516**

PLEASE READ THESE IMPORTANT INSTRUCTIONS

General: As a group member it is your responsibility to follow the leader's instructions for the benefit of the group as a whole. If you should leave the walk early, please notify the leader. Please do not walk in front of the leader. Keep in single file on all roads. Accidents or incidents that occur during the course of the walk, should be reported to the leader immediately. Persons under 18 must be accompanied by a responsible adult.

Insurance: All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise.

Guidance on grades:

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Easy Access; Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections.

Easy: Walks for anyone who does not have a mobility difficulty or a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn.

Leisurely: Walks for reasonably fit people with at least a little country walking experience. May include un-surfaced rural paths. Walking boots and warm, waterproof clothing recommended.

Moderate: Walks for people with country walking experience and a good level of fitness. May include some steep paths and open country. Walking boots and warm, waterproof clothing essential.

Strenuous: Walks for experienced country walkers with above average fitness level. May include hills and rough country. Walking boots and warm, waterproof clothing essential.

Transport/Car Parking: Think green, try and car share. If you require a lift, contact the walk leader who may be able to organise a lift for you. Don't leave valuables in your car in full view of thieves, and remember to lock your car. Protect against theft or vandalism.

The pick-up point for Ross Group – WRCP = Wilton Road Car Park.

The pick-up point for Leadon Vale Group – BSCP = Bridge Street Car Park.

Colwall Station is to become an alternative car pick-up or car-share point for Leadon Vale. Exp 190 SO756425 Car Parking is free and it is served by a regular train service.

Notes:

For a full days walk bring a packed lunch = BPL - and plenty to drink.

For a half days walk bring a mid-morning refreshment = BMMR

Dogs: Can be taken on walks only with advance permission of the leader, but are generally welcome

Remember: If in doubt contact the walk leader before going, or check on the web site at www.herefordshireramblers.org.uk