

# **HEREFORDSHIRE AREA WALKS PROGRAMME**

**April 2018**

All members and non-members are welcome to walk with any group.

## **CRADLEY**

Date: **Monday 2 April**  
Level: **Moderate**  
Distance: **8 miles**  
Meeting Place: **Lane adjacent to Cradley Church**  
Map/Grid Ref: **Exp190/SO 735471**  
Time: **10.00**  
Leader: **Barrie M**  
Contact: **07975 653922**

**Hereford Group**  
Starting at the Church, the walk goes towards Storrige and Halesend before returning to Cradley. One steep section. BPL. Dogs on leads only please.

## **ROSS GROUP MORNING WALK**

Date: **Tuesday 3 April**  
Level: **Leisurely or Moderate**  
**4 - 5 miles**

**Ross Group**  
For details contact Sally 01989 565687 or Trisha 01989 769050

## **MONAUGHTY**

Date: **Thursday 5 April**  
Level: **Moderate**  
Distance: **7.5 miles**  
Meeting Place: **Park in Layby at Monaughty**  
Map/Grid Ref: **Exp 201/SO 238687**  
Time: **10.00**  
Leader: **Mo D**  
Contact: **01432 350516**

**Hereford Group**  
Layby has telephone box. Lovely walk in the hills surrounding the valley of the upper Lugg. BPL.

## **MORNING WALK AND TALK FROM POINT 4, Venns Lane Hereford - Thursday 5 April**

Leisurely 4 miles starting at 10.30 – Mary H 01432 357766.

**FRIDAY MORNING WALK – Friday 6 April - moderate 4/5 miles in the countryside starting at 10.00.** Dogs welcome on short leads. Contact Mary W 01432 273432 or watch your email.

## **MEANDER ROUND MATHON**

Date: **Saturday 7 April**  
Level: **Moderate**  
Distance: **6 miles**  
Meeting Place: **Mathon Church**  
Map/Grid Ref: **Exp190/SO 734458**  
Time: **10.00**  
Leader: **Kay**  
Contact: **01684 575558**

**Leadon Vale Group**  
Explore the countryside around Mathon on a flat walk to Moorend Cross, Moorend Court, a wood, a lake and Lane End. BPL.

## **SUGAR LOAF – AN EASY(ISH) ASCENT**

Date: **Saturday 7 April**  
Level: **Moderate**  
Distance: **9 miles**  
Meeting Place: **NT car park NP7 7LA**  
Map/Grid Ref: **OL13/SO 268167**  
Time: **10.15 (WRCP 09.15)**  
Leader: **Martin S**  
Contact: **01989 563022 or 07876 664545**

**Ross Group**  
Surprisingly, from the NT car park we start with a descent through the ancient woodlands of St Mary's Vale followed by a long, steady ascent to the Sugar Loaf summit and a gentle return. BPL.

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### **GLADESTRY AND BEYOND**

Date: **Saturday 7 April**  
Level: **Moderate**  
Distance: **7.1 miles**  
Meeting Place: **Gladestry Village Hall**  
Map/Grid Ref: **Exp201/SO 230551**  
Time: **10.00**  
Leader: **Jo**  
Contact: **07498 489028**

**Mortimer Group**  
Upper Gwernilla – Disgwylfa Hill –  
Llanbella.  
Registered Assistance dogs only, but  
please phone Jo for advice on  
possible animal encounters etc.

### **ROSS GROUP MORNING WALK Tuesday 10 April (see 3 April for details)**

### **PUB QUIZ, CHAT AND CURRY – EVENING OUT – Tuesday 10 April**

Meeting Place: **Victory Pub, St Owen's Street, Hereford** **Hereford Group – All members welcome**  
Time: **20.00**  
Contact: **Martin and Anthea**  
**01432 769470 or 07583 048409**

Come for a drink and the pub quiz,  
followed by curry - £2.50 per person.  
Just turn up and help form a table.

### **TEA SHOP WALK FROM OLD RAILWAY LINE GARDEN CENTRE AT THREE**

#### **COCKS**

Date: **Wednesday 11 April**  
Level: **Moderate**  
Distance: **8.5 miles**  
Meeting Place: **Park at Garden Centre on A438**  
Map/Grid Ref: **OL13/SO 171374**  
Time: **10.00**  
Leader: **Lynne and Mary H**  
Contact: **01432 271769/01432 357766**

**Hereford Group**  
LD3 OSG. Meet outside café. Walk  
to Rhos Fawr, Rhos Fach and  
Llanelieu. Return to the Railway  
Restaurant where everyone is  
expected to buy cake and tea at  
15.30. Easy pace but with some  
rough walking. BPL and spare cash  
to treat yourself to something for the  
garden as well as tea!

### **BRYNGWYN HILL WESTWARDS TO RHULEN CHURCH**

Date: **Saturday 14 April**  
Level: **Moderate**  
Distance: **10 miles**  
Meeting Place: **The verge of moorland road**  
Map/Grid Ref: **EXP188/SO 188504**  
Time: **10.00 (WRCP 08.30)**  
Leader: **Jan**  
Contact: **01981 580869 or 07497 778763**

**Ross Group**  
From Clyro take the Painscastle road,  
turn right on to the B4594 through Rhos  
Goch to the left turn signposted to  
Bryngwyn. Continue with the church to  
your left over the cattle grid onto the  
moorland road. Parking is half a mile  
ahead. An energetic walk with some  
climbs on moorland tracks and some  
lanes. Registered Assistance Dogs only.  
BPL.

### **BUS WALK DORMINGTON TO HEREFORD**

Date: **Sunday 15 April**  
Level: **Moderate**  
Distance: **9 miles**  
Meeting Place: **Hereford Country Bus Station**  
Map/Grid Ref: **Exp 189/SO 515403**  
Time: **10.10**  
Leader: **Mike Ledlie**  
Contact: **01432 270018**

**Hereford Group**  
Bus station is off Commercial Road.  
Catch 476 bus at 10.15. (Bus also  
stops at Shire Hall and along the bus  
route to Dormington). Walk via  
Mordiford, Hampton Meadow,  
Lugwardine and Lugg meadow  
(fritillaries may be in flower).  
Registered Assistance Dogs only.  
BPL.

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**ROSS GROUP MORNING WALK Tuesday 17 April (see 3 April for details)**

## **MUCH MARCLE**

Date: **Wednesday 18 April**                      **Leadon Vale Group**  
Level: **Easy**    A short walk around areas of Much  
Distance: **4.5 miles**                                      Marcle with some historical interest.  
Meeting Place: **CP at Weston's Cider Mill**                      Returning to Weston's where  
Map/Grid Ref: **Exp189/SO 648330**                      refreshments are available. BMMR.  
Time: **10.30**  
Leader: **Jan**  
Contact: **07980 572535**

**MORNING WALK AND TALK FROM POINT 4 Venns Lane Hereford - Thursday 19 April**

Leisurely 4 miles starting at 10.30 – Mary H 01432 357766.

**FRIDAY MORNING WALK – Friday 20 April - moderate 4/5 miles in the countryside starting at 10.00.**

Dogs welcome on short leads. Contact Mary W 01432273432 or watch your email.

## **BACK TO BROADWAY AFTER 50 YEARS**

Date: **Saturday 21 April**                      **Leadon Vale Group**  
Level: **Moderate**                                      Catch 10.15 train to Broadway on  
Distance: **8 miles**                                      newly opened line and walk back on  
Meeting Place: **Toddington GWR Station or**                      section of Worcestershire Way  
**Colwall Station 09.00 to**                      through Shenberrow Hill, Buckland,  
**share cars**                                      Stanton and Stanway. BPL.  
Map/Grid Ref: **OL45/SP 050324**  
Time: **10.00**  
Leader: **David**  
Contact: **01684 574205 or 07919**  
**421770**

## **WHITE CASTLE BORDERLANDS**

Date: **Saturday 21 April**                      **Ross Group**  
Level: **Moderate**                                      From the old church at Llantilio  
Distance: **8 miles**                                      Crossenny to White Castle, with time for  
Meeting Place: **Llantilio Crossenny Church car**                      a wander over the moats and into the  
**park (donation) NP7 8SY**                      castle. Return via another lovely old  
Map/Grid Ref: **OL13/SO 398149**                      church at Llanvetherine. A scenic walk  
Time: **10.00 (WRCP 09.00)**                      using the gentler parts of the Three  
Leader: **Bob S**    Castles Walk and Offa's Dyke Path. BPL  
Contact: **01989 769050 or 07985 044735**

**ROSS GROUP MORNING WALK Tuesday 24 April (see 3 April for details)**

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## **COLWALL**

Date: **Saturday 28 April** **Leadon Vale Group**  
Level: **Moderate** A circular walk round fields and  
Distance: **7.5 miles** tracks, hoping to see bluebells. BPL.  
Meeting Place **Colwall Station**  
Map/Grid Ref: **Exp190/SO 757425**  
Time: **10.15 (train from Hereford**  
**10.05)**  
Leader: **Mary**  
Contact: **01684 541071**

## **DINGESTOW**

Date: **Saturday 28 April** **Ross Group**  
Level: **Moderate** Walk to Treowen House, then joining the  
Distance: **9 miles** Offa's Dyke Path to Tregare Mill.  
Meeting Place **Dingestow car park opposite** Undulating and a good number of stiles.  
**Post Office and village shop** BPL.  
Map/Grid Ref: **OL14/SO 458102**  
Time: **10.00 (WRCP 09.15)**  
Leader: **Mary**  
Contact: **01989 565888 or 07787 146081**

## **LYONSHALL, TITLEY AND LITTLE BRAMPTON WOOD.**

Date: **Sunday 29 April** **Hereford Group**  
Level: **Moderate** We walk through Lyonshall Park  
Distance: **11.5 miles** Wood by the River Arrow, Hereford  
Meeting Place **Lyonshall Church** Trail to Titley, rising on Mortimer Trail  
Map/Grid Ref: **Exp 201/SO 332563** to Little Brampton Wood, then  
Time: **10.00** descending over Rushock Hill and  
Leader: **Anthea and Martin** back to start. BPL.  
Contact: **01432 769470 or 07583**  
**048409**

## **PLEASE READ THESE IMPORTANT INSTRUCTIONS**

**General:** As a group member it is your responsibility to follow the leader's instructions for the benefit of the group as a whole. If you should leave the walk early, please notify the leader. Please do not walk in front of the leader. Keep in single file on all roads. Accidents or incidents that occur during the course of the walk, should be reported to the leader immediately. Persons under 18 must be accompanied by a responsible adult.

**Insurance:** All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise.

### **Guidance on grades:**

**Easy Access;** Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections.

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**Easy:** Walks for anyone who does not have a mobility difficulty or a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn.

**Leisurely:** Walks for reasonably fit people with at least a little country walking experience. May include un-surfaced rural paths. Walking boots and warm, waterproof clothing recommended.

**Moderate:** Walks for people with country walking experience and a good level of fitness. May include some steep paths and open country. Walking boots and warm, waterproof clothing essential.

**Strenuous:** Walks for experienced country walkers with above average fitness level. May include hills and rough country. Walking boots and warm, waterproof clothing essential.

**Transport/Car Parking:** Think green, try and car share. If you require a lift, contact the walk leader who may be able to organise a lift for you. Don't leave valuables in your car in full view of thieves, and remember to lock your car. Protect against theft or vandalism.

The pick-up point for Ross Group – WRCP = Wilton Road Car Park.

The pick-up point for Leadon Vale Group – BSCP = Bridge Street Car Park.

Colwall Station is to become an alternative car pick-up or car-share point for Leadon Vale. Exp 190 SO756425 Car Parking is free and it is served by a regular train service.

**Notes:**

For a full days walk bring a packed lunch = BPL - and plenty to drink.

For a half days walk bring a mid-morning refreshment = BMMR

Dogs: Can be taken on walks only with advance permission of the leader, but are generally welcome

**Remember:** If in doubt contact the walk leader before going, or check on the web site at [www.herefordshireramblers.org.uk](http://www.herefordshireramblers.org.uk)